

# Do It Yourself Orienteering

Updated 5<sup>th</sup> April 2018

Suitable for school groups, families & individuals. Maps are available for download from the Orienteering SA website: <https://sa.orienteering.asn.au/about-orienteering/new-to-orienteering/diy-orienteering>

A colour map with course and control descriptions are provided on an A4 page together with **“Do It Yourself Orienteering”** instructions and information. For schools or group leaders a list of answer keys is also available for download. For more information about orienteering go to <https://sa.orienteering.asn.au/>

**Belair National Park: Start at Gums Oval** Easy navigation 2.7 km, Moderate 1 3.5 km, Moderate 2 3.2km, All Controls (17) **Starting at the Kiosk near the Adventure Playground** Adventure 1: 0.9km Easy, Adventure 2: 1.2km Easy Adventure 3 1.5km Moderate, Adventure 4 Scatter Course (20)

**Hawthorndene Reserve:** Start near southern entrance to playground. Easy1 0.8km, Easy 2 0.9km Scatter 19 controls

**Hazelwood Park:** Greenhill Rd Burnside. Start just to east of Adventure Playground  
Very Easy (wheelchair friendly)0.8km, Easy 1.2km, Moderate 1.3km Scatter 15 controls

**Kuitpo Forest** , Brookman Rd, 7km SW of Meadows. Locations specified on maps.

Start at **Christmas Hill** Easy 2.5km Moderate 4km

**Start at The Eucalypts** Easy 2.1km, Moderate 2.7km

**Start at Kuitpo HQ** Easy 2.6km, Moderate 4.1km, Scatter 19 controls

**Start at Woodcutters** Scatter 18 controls. **Use restricted to use by groups who have booked the Woodcutter's Cottage or the Jack's Paddock area from Forestry SA**

**Melrose** (Maps also available from Over the Edge Bike Shop in the main street or the Caretaker at the Showgrounds)

**Melrose Showgrounds Start on East side of Oval:** All easy to moderate courses for foot or mountain bike orienteering. Course 1 1.7km, Course 2 1.3km, Course 3 1.6km, Course 4 1.3km Scatter (18 controls)

**Melrose Ups & Downs. Start at public notice board opposite Mt Remarkable Hotel.** All courses suited to foot or mountain bike orienteering. Easy 1.2km, Moderate A 2.6km, Moderate B 2.9km, Hard A 3.0km, Hard B 2.9km, Long Hard 4.9km Scatter (18 controls)

**Mt Crawford** Williamstown / Mt Pleasant Rd

**Start at Chalks by gate as shown on maps** Easy 2.7km, Moderate 3.6km, Scatter 25 controls

**North Adelaide: Start at Elder Park Rotunda .** Easy navigation 2.0km, Moderate navigation 4.0km, Moderate navigation, 6.0km, Scatter 17 controls

**Thomas Hill, Fox Creek:** The courses start and finish just inside the main gate off Croft Road marked to "Fox Creek MTB Park"  
Best for foot orienteering: Thomas Hill Fox Creek Easy1 1.9km, Thomas Hill Fox Creek Moderate1 3.3km, Thomas Hill Fox Creek Moderate2 1.5km,



Best for Mountain Bike Orienteering: Thomas Hill Fox Creek MTBO Moderate1 3.1km, Thomas Hill Fox Creek MTBO Hard1 3.5km, Suitable for both foot and mountain bike orienteering, Thomas Hill Fox Creek Score or Scatter (25controls)

**Oakland Wetland** South side of Oaklands Rd. Easy 1 1.0 km, Easy 2 1.98km, Scatter 16 controls

**Para Wirra Recreation Park.** Courses start & finish at start of Lizard Track near the North Oval. Very Easy 1 1.2km, Very Easy 2 1.9km, Easy 2.3km, Moderate 2.6km, Scatter 30 controls

**Port Lincoln:** Brinkworth Reserve. Easy 0.8km, Moderate 1.2km, Scatter 20 controls

**St Peters'River Park:** on Torrens Linear Park. Courses start & finish just to NE of BBQ area and toilets accessible from car park on River Road. Short Easy 0.7km, Medium Moderate 1.9km, Long Moderate 2.6km, Scatter 23 controls.

**Thorndon Park Athelstone:** These courses start near the Rotary Kiosk. Free maps available from kiosk when open otherwise download as above. Short Easy 1.3km, Medium Moderate 2.1km, Long Moderate 2.4km & All controls (23)

