

## OVERVIEW

### Concept of Level 0 Coach

The concept of Level 0 coaches was re-introduced in 2015 as part of the perceived need by the Commonwealth Government for coaches to assist in the Sporting Schools program as it was seen that sporting associations were unlikely to have enough Level 1 and above coaches to conduct the training.

### Criteria for Accreditation

As a result Orienteering Australia developed criteria for people wishing to be accredited as Level 0 Orienteering Coaches.

Those criteria are:

- A. Hold a current Working With Children Check certificate.
- B. Complete the ASC online training “Community Coaching General Principles” and be issued with a certificate. This course can be found on <https://learning.ausport.gov.au/auth/login/>
- C. Complete a Level O Coach Accreditation course and be issued with a certificate.
- D. Have all three approved by State Training Manager.

There are differences in how these criteria are achieved between registered teachers and others and the the predures for achieving those criteria are explained below.

## REGISTERED TEACHERS

A registered teacher will already have **A. Working With Children Check or similar** and will be given **RPL (Recognition of Prior Learning) for B. ASC Online training**.

### To gain C. Complete a Level 0 Coach Accreditation course

**The best and preferred method** is to attend the Orienteering SA Introduction to Orienteering (Very Easy and Easy courses) Training Day at Wadmore Park in February (two half days because of the potential heat) or during the April, July or October school holidays (one full day). In these days will train from 9.30 am until 3.00 pm in a squad with other adults with the outline of the training below. The completion of the training in this manner covers the learning of the Basic Skills and Techniques of orienteering and also allows for the completion of two orienteering courses which is part of the criteria for accreditation:

Morning – Basic Skills and Techniques (Relate Map to Ground), Use Distance and Use Direction plus Very Easy standard orienteering course techniques) followed by a Very Easy orienteering course.

Afternoon – Action if Lost, Using the Magnetic Compass to Orientate the Map; Easy course techniques followed by an Easy course and finally a Scatter course where a set number of controls have to be found from many controls.

On completion of this training Orienteering SA will issue:

A Certificate of Accreditation as a Level 0 Orienteering Coach.

A Receipt for payment of the event fees (\$20.00 per full day) plus a Certificate of Professional Development.

Lesson Notes for the day’s training for future use in schools.

Alternatively for C registered teachers may demonstrate that they can achieve the following plus participate in at least two orienteering events:

- Understand what orienteering is and what it involves.
- Develop skills in being able to “read” an orienteering map.
- Able to implement basic sequential orienteering exercises within a teaching program.
- Conduct practical exercises with students using a map.
- Knowledge of resources available for conducting such exercises.

Details are

### 1. What is orienteering

- Brief history of the development of orienteering.
- Maps and their development.
- Types of orienteering.
- Family sport/clubs.

### 2. ‘Reading’ a map (basic skills)

- Direction- orientating the map.

- Awareness of scale of map.
- Symbols- basic interpretation of map legend.
- What to do with the map when doing an exercise or a course.

### 3. **Orienteering Skills**

- Examples of practical applications of these skills- map walk, course setting, star relay, score and line courses etc.
- Be able to complete basic O exercises set by Instructor or peer group.

### 4. **Resources** See Orienteering SA website.

## **SPORTS COACH, COMMUNITY AND RECREATIONAL PEOPLE**

These people must obtain

**A. Working With Children Check certificate.** This will be a minimum of a national Police Certificate which currently can be gained through the Secretary Orienteering SA who is acting in the Member Protection Officer role and if working in schools a Community and Social Inclusion Department schools which again is through our Secretary.

**B. ASC online training.**

**C. Level O Coach Accreditation course. RPL for Coach Accreditation** will be given if they can demonstrate regular attendance at local orienteering events and/or instructing at the basic level to school aged children. To be assessed by the Training Manager Orienteering SA or his/her delegate .

If not able to gain RPL then they must complete the course with the two options per above.

## **POINT OF CONTACT**

The Point of Contact for Level 0 Orienteering Coaches in South Australia is the Training Manager Orienteering SA on [training@sa.orienteering.asn.au](mailto:training@sa.orienteering.asn.au)