Schedule for OASA Course Planning Workshop Sunday February 9th, 2014

10:00-10.30 am  Summary of Course Formats – Sprint, Middle, Long, Relay, Street-Park, Night

10.30-11:00 am  Course Navigation Standards

11:00-11:30 am  Planning easy/very easy/moderate courses

11:30-12 Noon  Control Placement and Control Descriptions

12 Noon-2:00 pm  Lunch and Practical Exercise

2.00-2.30 pm  Review Practical Exercise

2.30 – 3:30 pm  How to Structure a course with focus on Hard Navigation

3:30 -4:00 pm  Other Points to Note
  - Start/Finish/Assembly Requirements
  - Safety Considerations
  - OSA Course Specifications
  - Determining course lengths
  - Common mistakes
  - Major event requirements

4:00 – 5:00 pm  Course planning exercises

Resources:

Orienteering Australia Foot Orienteering Rules
  - See link at Competition Rules Item 1 at

Orienteering SA Course Specifications (Event Management Item 1)

Control Descriptions
  - Links to IOF and summary document can also be found here (Event Management Items 2 and 3)