

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA INC.



State Association House
73 Wakefield Street
ADELAIDE SA 5000

website: www.sa.orienteering.asn.au

President: Peter Mayer
Email: president@sa.orienteering.asn.au 8331 7620

2009 ANNUAL REPORT

AGM Belair National Park Sunday 21st March 2010

SPONSORSHIP AND SUPPORT



Government of South Australia
Office for Recreation and Sport



SA Office for Recreation and Sport

*Statewide Enhancement Program Stream 1
Statewide Enhancement Program Stream 2
SASI Talented Athlete Scholarships
SASI High Performance Scholarships
Active Club Program Grants*



SA Secondary Schools Sports Association & SA Primary Schools Sports
Association for supporting
SA Schools Orienteering Championships



Southern Orienteering Supplies
Summer Series 2009-2010



Joggers World
Summer Series 2009 - 2010



Snap Printing (Hilton)
Southern Arrows & General Support



Paddy Pallin
Summer Series 2009-2010 & Southern Arrows

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA INC 2009 COUNCIL

The Council, comprising the Management Committee and Club Delegates listed below, met on even numbered months to oversee the development and conduct of orienteering in South Australia. The Management Committee met in the odd numbered months.

Management Committee

President	Peter Mayer
Secretary	Ken Thompson
Treasurer	Jennie Bourne
Assistant Secretary	Michelle Chamalaun
Technical Officer	Jenny Casanova
Technical Officer (Mapping)	Adrian Uppill
Coaching Coordinator	Adrian Craig
Schools Coordinator	David Tilbrook
Newsletter Editor	Michael Round
Publicity and Promotion Officer	John Such
MTBO Coordinator	Bruce Greenhalgh

Club Delegates

Lincoln Orienteers	John Lyon
Onkaparinga Hills Orienteering Club	Robin Uppill and Craig Colwell
Saltbush Orienteers	Ken Thompson
Southeast Orienteers	John Lyon
Tintookies Orienteers	John Nieuwenhoven and Jenny Kennedy
Top End Orienteers	Jennie Bourne
Tjuringa Orienteers	Adrian Craig and Paul Hoopmann
Wallinga Orienteers	Jenny Casanova and Peter Cutten
Yalanga Orienteers	Doug Fotheringham and Gerry Velaitis

Other OASA positions:

Web Coordinators:	Robin Uppill, Garry Harris, Ken Thompson & Andrew Slattery		
OA Councillor:	Jenny Casanova	OA Delegate:	Peter Mayer
State Selection Panel:	John Nieuwenhoven (Chair)	John Lyon, Peter Mayer & David Tilbrook	
Data Base & E News:	Phil Davill	AO Editorial Contact	Claire Davill
School Team Manager:	Bec' Hatcher	Member Protection Information Officer:	Bec' Hatcher
School Team & Junior Coach	John Nieuwenhoven	Southern Arrows Manager:	Jenny Casanova
Southern Arrows Coach	Susanne Casanova	Sub-Junior Coach:	Bec' Hatcher
Junior Squad Manager	Phil' Hazell		

2009 MEMBERSHIP STATISTICS

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc 2009 MEMBERSHIP STATISTICS

Club	2009 m/ships	2009 people reg'd	2009 Family	2009 Senior	2009 Junior	add	add	cf. 2008 m/ships
						2009 School**	School nos* (estimate)	
LI	22	45 (2+43R*)	15(1+14R)	7(1+6R)	0	0	0	23
OH	32	70	19	11	2	0	0	32
SB	23	60 (8+47R)	18(2+16R)	5(5R)	0	0	0	23
TE	46	110 (32+78R)	25(9+16R)	21(5+16R)	0	0	0	39
TJ	22	34	9	10	0	3	270	21
TT	44	82	14	26	2	2	210	47
WA	18	30	7	10	1	0	0	19
YA	21	45	10	9	1	1	120	22
2009	228	261(93+168F117	(71+46R, 99	(72+27R)	6	6	600	226
cf. 2008	231	498	120 (73+47R 96	(68+28R) 5	(4+1R)	10		

* R is remote membership - counted as fraction of whole membership by OA

** School not counted for membership nos and no assessment of no of people registered included in Membership Table

Summary: 2008 OASA membership

71 F + 72 S + 6 J = 149 memberships
46 RF + 27 RS = 73 remote memberships
plus 6 School memberships

PRESIDENT'S REPORT 2009

Orienteering is lucky to have so many volunteers that allow us to enjoy our sport and to share it with many newcomers. We have moved forward with Street and Park, Sprint and Middle Distance events as well as the traditional Classic and Night events. Our mountain Bike Orienteering events are growing with over half the competitors coming from outside the regular orienteering ranks.

We are grateful for the ongoing financial support from the Office of Recreation and Sport which helps with ongoing promotion and development of our sport.

Our clubs do a great job mapping, planning and organising events throughout the main season, while the junior squad together with a number of younger senior members organise the very popular Summer Series events. Thanks to Ken Thompson providing overall coordination, Phil Hazell for arranging the roster for the first time and to Robin Uppill and Barry Wheeler for having oversight of each event. Most of you help at club level so you know how much work it is just to put on one good event.

This time I especially want to acknowledge the extra work put in by some members through OASA to coordinate our sport for SA and NT. Orienteering has a similar range of responsibilities at State level as other much larger sports that have a team of full time administrators to do this work.

Our government support is earned through careful preparation of funding applications supported by strategic plans and financial reports. Special thanks to Ken Thompson and Jennie Bourne.

Without insurance we could not get access to orienteering areas and in recent years many organisations have had difficulties getting cover at reasonable premiums. The attention to detail of our OASA technical officers over the years have given us comprehensive procedures that Insurers are happy to cover. Special thanks to Jenny Casanova and Robin Uppill.

A separate team has volunteered to coordinate planning for the Australian Championships to be held here in 2010. Through thorough early planning with clear timelines we can confidently promote an exciting carnival starting 25th September 2010. Special thanks to Peter Cutten, Peter Kreminski, Jenny Casanova and all the 2010 Committee.

Our schools promotion program gives thousands of children the chance to experience orienteering and for hundreds to participate in the Schools Champs.

It is critical to the recruitment of new young members and their families as well as for the recognition of Orienteering as a healthy sport for all. Thanks to David Tilbrook and his willing helpers. It would be great if more orienteers could help with running small introductory events for schools. It is very rewarding if you have the time.

Our Junior Squad has an encouraging number of new young members this year who are training hard in anticipation of our "home final" this year. With the spirit of this team I am sure they will recruit more members to also strengthen their senior ranks. John Nieuwenhoven, Phil and Anna Hazel can be proud of the progress of this squad.

I would also like to thank Adrian Craig for the many years he has contributed as coaching coordinator as he will not be seeking re-election in 2010. This has included organising the training and accreditation of coaches, organising and being directly involved in running numerous coaching and training events, ensuring that there are duty coaches in place at all events and being an active member of the OASA management committee.

At the elite level many of our top young orienteers have moved interstate or overseas. However, they still call SA home and are proud members of the Southern Arrows. The Senior Men were equal 2nd with ACT in the Silva National Orienteering League (NOL) while the Senior Women came 4th. Simon Uppill was 2nd individual in NOL. At the Australian Long Distance Championships both Simon Uppill and Vanessa Round came second in the M/W Elite classes.

Orienteering prides itself in being a sport for all, with strong participation across all age and gender classes from 10 to 80 years whether walking or running. However it is still great to see our fittest members succeeding at the highest level.

I hope that in the light of the Crawford Report our government will recognise the need to fund development of participation sports rather than spectator sports. Meanwhile let's continue to spread the word and welcome newcomers to our sport.

Peter Mayer, President

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc
STATEMENT OF INCOME & EXPENDITURE
2009

Last Year		INCOME	This Year
11930		Subscriptions (incl. that for <i>The Australian Orienteer</i>)	10869
	4932	Event Levies	5814
3588	<u>1344</u>	less OA Levies	<u>2011</u> 3803
7140		Interest Received	4038
1085		Advertising	1087
-		SA Volunteers Grant	3000
724		entries : 2009 MTBO Carnival : reimb OASA	2311
3188		Sundry Events	6923
2003		Sundry Sales	3650
1958		SA Representative Teams: Schools	1930
852		Southern Arrows	986
600		2008 OA: NOL payment 2009	800
870		Australian Taxation Office (GST)	697
716		Sundries	352
<u>7060</u>		GST (collected)	<u>8970</u>
<u>41714</u>			<u>49416</u>
		EXPENDITURE	
1656		Programme	1683
1783		<i>S.A. Orienteer</i> Magazine	2207
3262		<i>The Australian Orienteer</i> Magazine	4059
6952		OA: State Registration (less Conference travel)	6618
2823		Public Liability & Professional Indemnity Insurance	2039
486		Directors & Officers	522
439		ANSVAR eInsurance: less Club share	393
0		Publicity & Promotion	522
250		Controller's expenses	875
5316		Travel Grants to Juniors	4900
2365		Travel Grants to Elites	1500
0		Schools Mapping Fund: SA Schools Champs.	152
1990		Sue Millard Memorial Junior trophies, tent	0
1100		AGM & Awards Night (incl. badges & trophies)	437
975		Office Rent & Reception	1016
1609		Postage, stationery, photocopying	809
217		Website	542
445		Equipment repairs & mtc.	145
5157		SI system: additional units	1378
940		Consumables: cards	695
800		SA country clubs: E07 proceeds	0
0		S/Arrows: clothing, etc.	2180
3346		2009 Schools Team Trip (to be finalised)	2662
4395		2009 Carnival expenses 2010	3726
60		Subscriptions & Affiliations	60
6072		Australian Taxation Office (GST)	2837
2580		Sundries	1328
<u>5176</u>		GST (to be claimed)	<u>6860</u>
<u>60194</u>			<u>50145</u>
-18480		DEFICIT	-729

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc
BALANCE SHEET
as at 31 DECEMBER 2009

Last Year	MEMBERS' FUNDS	This Year
117221	Balance forward	98,741
18480	<i>Deficit : General Funds : Deficit</i>	729
\$98,741	TOTAL	\$98,012
<i>Represented by:</i>		
4543	Cash at bank	11479
112765	INVEST Account : Express Saver	101763
802	SPECIAL EVENT Account	6
118110		113248
<i>less: (2)</i>		
16364	ORS Statewide Enhancement Program: <i>Stream 1</i>	15236
3000	ORS Statewide Enhancement Program: <i>Stream 2</i>	0
5	ORS Statewide Enhancement Program: <i>Stream 2</i>	0
\$98,741		\$98,012

NOTES TO AND FORMING PART OF THE ACCOUNTS
for the period ended 31 December 2009

STATEMENT OF ACCOUNTING POLICIES

These financial statements are a special purpose financial report prepared in order to satisfy the requirements of the Constitution to prepare financial records. The Committee has determined that the Association is not a reporting entity as defined in Statement of Accounting Concepts 1 "Definition of the Reporting Entity" and therefore there is no requirement to apply accounting standards in preparation and presentation of these statements.

The statements are also prepared on a cash basis from the records of the Association. These accounts are based on historical cost and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

NOTE (1): SPECIFIC GRANTS

On the recommendation of the Association various grants (monetary and in kind) have been made directly, or through the Association, to individual orienteers:

Last Year		This Year
0	SASI Talent Scholarships	0
0	SASI High Performance Scholarships	0
1	ASC: Courses for Women (Coaching)	0

□NOTE (2): Office for Recreation & Sport: MAJOR SPONSOR

Statewide Enhancement Program (StEP) funding is received subject to conditions that it be spent for specific purposes, and so cannot be treated as funds of OASA in its own right. Transactions on this account are therefore shown separate from OASA transactions.

ORIENTEERING ASSOCIATION OF SOUTH AUSTRALIA Inc		StEP (Statewide Enhancement Program) FUNDING	
TRANSACTIONS for the period 1 January 2009 to 31 December 2009			
2008-2009			2009-2010
Six months			Six months
to 30 June 2009			to 31 December 2009
	Balance forward		0
16364	Grants received: <i>Stream 1</i>		25000
3000	<i>Stream 2: 2009 Australian MTBO Champs</i>		0
<u>5</u>	<i>Stream 2: 2010 Australian Champs Carnival</i>		<u>0</u>
19369			<u>25000</u>
	<i>Stream 1:</i>		
	TALENTED ATHLETE DEVELOPMENT		
932	Talent ID programs	3281	
0	Schools Team Travel	500	
2014	Junior/Southern Arrows camps	621	
350	I/S & O/S Training & Competition	298	
5446	<u>2150</u> NOL & JNOL Travel	<u>0</u>	4700
	EDUCATION & TRAINING		
	216 Officials' accreditation: coaches, controllers	0	
2163	<u>1947</u> Courses/Workshops	<u>0</u>	0
	MANAGEMENT IMPROVEMENT		
	1420 Conference	0	
1420	<u>0</u> Strategic planning, policy up-date	<u>130</u>	130
	PARTICIPATION PROGRAM ASSISTANCE		
	<i>Schools:</i>		
	869 In-school programs	455	
	1643 Events: warm-up program	80	
	320 Championships: individual, relay	331	
3414	<u>582</u> Area Mapping	<u>2022</u>	2888
	<i>Novice and development activities:</i>		
	1032 Basic skills training	11	
	1444 Coaching, special programs	221	
	69 Novice Programs	90	
	1136 Summer Series: event costs	828	
	240 Promotional activities	329	
	<u>3921</u> <u>0</u> Club Development & Management projects	<u>567</u>	<u>2046</u>
16364			9764
	<i>Stream 2:</i>		
	3000 2009 MTBO Champs: preparation & mapping		0
<u>5</u>	2010 Australian Carnival: photogrammetry		<u>0</u>
<u>19369</u>			<u>9764</u>
0	BALANCE		15236

BUDGETED RESERVES

In addition to the Grants already identified in the Balance Sheet, OASA budgets to maintain cash reserves for specific future spending purposes (total: \$48925).

These allocations are not held in any specific account. Actual cash available for normal yearly expenses amounts to \$30851.

MAJOR PROJECTS

Balance as at 01.01.2009	34769		
2009 Aust MTBO Champs reimb.	2311	2009 Aust MTBO Champs	2261
		2010 Aust Champs Carnival	1468
		SI system equipment	1378
		<i>Balance as at 31.12.2009</i>	31973

MANAGEMENT & DEVELOPMENT *Balance as at 31.12.2009* **4209**

INTERSTATE REPRESENTATION

Balance as at 01.01.2009	2799	Schools Team Coach	784
E07: 2009 Schools Team Trip	1500	2009 Schools Team Trip subsidy	1500
E07: 2009 Southern Arrows travel	2000	<i>Balance as at 31.12.2009</i>	4015

SCHOOLS' MAPPING FUND

Balance as at 01.01.2009	2236	2009 Sch Champs: update <i>Belair</i>	152
		<i>Balance as at 31.12.2009</i>	2388

SAJOS

Balance as at 31.12.2009 **2432**

SA REPRESENTATIVE TEAMS

SA Schools Team

Balance as at 01.01.2009	101	Travel payments	1950
Donations: travel expenses	2365	Misc. expenses	436
		Social	64
		<i>Balance as at 31.12.2009</i>	16

Southern Arrows

Balance as at 01.01.2009	4776	OA: 2008 NOL	600
TJ: 2008 SA Relay entries	145	2008 Relay proceeds to WOC reps	900
Extra Uniforms: contributions (4/€)	180	Uniform order	1625
OA: 2009 NOL	800	Tas social event	353
2009 Club Relays	841	City-Bay entries	382
		<i>Balance as at 31.12.2009</i>	2882

Sue Millard Memorial Fund

Balance as at 31.12.2009 **1010**

LISTS OF ASSETS as at 31 December 2009

ACCOUNTS OUTSTANDING at 31 December 2009 **\$5,585**

LIST OF ASSETS as at 31.12.2009 (*cont'd*)

	Year	C.P.
GOODS FOR RESALE: STOCK ON HAND - Maps, signs, cards, etc.		
4000 Registration/Control cards (held by Treasurer: 13c ea. to Clubs)		
600 Control cards, plastic-coated (held by Treasurer: 35c ea. to Clubs)		
750 SI Registration cards (held by Treasurer: 12c ea. to Clubs)		
6 SPORTident cards (\$49.50 each) (held by R. Uppill)		
100 Pens-purple map-marking (held by Treasurer)		
Clothing: 5 hats (held by Treasurer)		
Maps (held by OHOC Map Curator): Broken Hil various & Nuriootpa Sprint		
Book: 50 GoldenYears (editors) J.Lyon & J.Williams (held by Treasurer)	2005	18
EQUIPMENT		
Digital Projector ACER X1260 (Secretary)	2009	1099
HP Laserjet P1005 Printer (Secretary)	2008	143
ACER Travel/Mate 212TX (SPORTident & related equipment: A&R Uppill)	2001	2625
MS Office Professional XP	2001	560
Network card - CNET PCMCIA 10/100 N/C	2001	95
Wireless Router - D-Link 802.11g/2.4 Ghz	2007	100
HP Deskjet D2460 Printer	2008	115
MS Optical wheel mouse	2001	55
Surecom 5 Port N-Way Switch	2001	115
SODIMM 128 Mb 3.3V*s RAM	2001	115
107 control stations: 31 BSF6 units; 76 BSF7 units	2002/08	20987
3 master station BSM 4 unit; 1 USB master station	2002/04	216
1 station BSM 4-5 unit	2002	239
Therma printer set 2	2002	1676
5 Carrying belts	2002	350
92 SPORTident cards (for hire)	2002	2788
Roland D&Y 1200 Plotter	1989	2180
Electronic Timer custom built by D.Gamble WA	1989	400
Kodak 150 Printer	1992	400
Overhead Projector (held by Coaching Coord)		
CB Radio Hook-up (R.Larsson)		
Clocks: Rego, Start, Finish, custom made by N.Smith (held by TT)		
Digital clocks (held by R.Larsson)/Blue Clocks (held by YA)		
4 Heart Rate Monitors Polar Accurex Plus, & interface (T.Hillyard)	1999/03	1325
2 Heat Sealers (SAO Editor & Treas)		200
Controls: Lock-up (Schools Coord 13); Hanging (25 flags + 30 punches (Schools Coord); 40 + 45 (MTBO Coord); 20 + 15 (Coaching Coord)		
Banners: Carnival banners (held by Uppills); old Start/Finish on loan to YA;		
Shade canopy & bag: representative teams (R Hatcher)	2008	948
2 Flags & stands (Park & Street, SA) (held by Uppills)	2004	920
Signs: 16 various -Toilets, Creche, Buses (held with TT equipment)	1997	289
'Welcome to Orienteering' sign (held with SS equipment)	2000	76
Coaching program equipment: table, first aid, 6 signs (Coaching Coord)	2006	240
Summer Series equipment (held by A.Uppill/OHOC)	2004	150
MTBO equipment: 6 signs, 4/6 map cases for hire, ties, etc. (MTBO Coord)		
Carnival equipment, e.g. stakes, fencing, hessian, water stands (held by TT)		
Badges [Participation: 80, State Team: 24, Orienteering bars: 45] (SAH Office)		
Trophies [63 OY glasses] (SAH Office); 14 Sue Millard individual (Treas)		
Trophies: Brian Wale, John Williams, 4x Schools' Relay (SA Schools Champs winners).		
FOR INFORMATION:		
OASA Policies & Guidelines (Tech Coord + each Club/Exec: updates from Secretary)		
Posters, leaflets, brochures, programs (SAH Office: Secretary), videos (Schools Coord).		

AUSTRALIAN MOUNTAIN BIKE ORIENTEERING CHAMPIONSHIPS

5-8 June 2009, South East region, South Australia

Period July 2007 - December 2009

<i>INCOME</i>		<i>PAYMENTS</i>	
StEP funding 2007-2008 Str	300.00	StEP funding: area selection	300.00
StEP funding 2008-2009 Str	3000.00	StEP funding: mapping	3000.00
ACCOMMODATION:		ACCOMMODATION:	
Silver Birch N	12420.00	Silver Birch Motor Inn	10200.00
less reimburse	<u>1200.00</u>		
	10040.00		
ENTRIES	9414.37	ADDITIONAL MAPPING	250.00
ENTER-ON-DAY	159.10	MAP PRINTING & COURSES	672.05
SportIDENT hire	196.33	OFFICIALS' TRAVEL EXPENSES	
LATE FEES	18.18	Organiser/Mapper	900.00
		Controller	370.20
		Course setters	2730.60
		Other	<u>360.00</u>
		PROMOTION: entry forms, logo	680.43
		ADMINISTRATION	182.03
		EQUIPMENT: transport	600.00
		St JOHNS AMBULANCE	528.00
		FORESTRYSA levies	233.00
		TROPHIES (incl. freight)	767.73
		OA EVENT LEVIES	1248.18
		OASA EVENT LEVIES	0.00
SUNDRIES		SUNDRIES	
SI card sales	84.00	BOOK ENTRY: priz	229.90
BOOK ENTR	229.90	reimb. Entries	135.00
reimb. Entries	135.00	Bank fees	29.55
Interest	0.29	Gift: A Slattery	<u>100.00</u>
BOOK ENTR	<u>20.00</u>		<u>494.45</u>
	<u>469.19</u>		
Subtotal	23597.17	Subtotal	23516.67
GST (collected)	<u>987.21</u>	GST (to be claimed)	<u>124.82</u>
Total	<u>24584.38</u>	Total	<u>23641.49</u>
<i>balance</i>	<u>942.90</u>		
GST in 2009: \$914.86-\$124.82	790.04		
SI card sales	84.00		
6% OASA event levies (\$1190)	68.86		

TECHNICAL REPORT 2009

During 2009, the position of technical officer was held by Jenny Casanova, with Adrian Uppill as mapping coordinator, and IT support from Robin Uppill.

OASA Level 2 controllers in 2009 were:

Silva NOL sprint	Keithcot Farm March 21st	Phil Hazell
Silva NOL middle	Para Wirra March 21st	Gerry Velaitis
Silva NOL long (badge event 1)	Narrinyeri Hills March 22nd	Peter Cutten
Badge event 2	Worlds End, June 21st	John Lyon
NT Champs (Badge event 3)	Darwin, July 5th	Adrian Uppill
Schools' championships	Belair, August 3rd	Jeffa Lyon
SA Club relays	Woodhouse, August 24th	Jenny Casanova
SA sprint champs	Nuriootpa, August 30th	Bob Smith
SA middle distance champs	Pewsey Vale August 31st	Michelle Chamalaun
SA long champs	Paradise, September 13th	Peter Mayer

OASA is very appreciative of the efforts expended by these people in the pursuit of orienteering excellence. Controllers are reminded that their reports should be submitted to the technical officer, so that future organisers, planners and controllers can learn from past events.

Jenny Casanova was the Level 3 controller for the March NOL races and for the sprint, middle and long races of the Australian MTBO championships in Mt Gambier, June 7-9. The MTBO champs were also international ranking events; the IOF accepted a non-accredited controller as no IOF MTBO controllers were available. Some IOF rules don't match those set out for the Australia-New Zealand challenge so a compromise was reached.

Currently there is only one Level 1 controller within OASA; a level 1 workshop will not now be held till 2011, but experience gained during 2009 and 2010 can count towards accreditation for potential controllers.

A Level 2 OASA controllers' workshop on Sat 7th Feb attracted 7 participants: Bob Smith, Peter Mayer, Paul Hoopmann, Fi Pahor, Jennie Bourne, Steve Cooper, and Jon Potter. Thanks to Robin Uppill for co-chairing a successful workshop.

OASA hosted the Orienteering Australia Level 3 Controllers' workshop on August 8th/9th, run by Robin Uppill, Christine Brown (Tas) and Jenny Casanova. Adrian Uppill, Peter Cutten, Phil Hazell and Gerry Velaitis attended from South Australia. Other participants were Anna Sheldon (Qld), Richard Matthews (WA) and Tim Hatley (Vic).

Number of currently accredited OASA controllers:

	Level 1	Level 2	Level 3	Total
Men	1	11	5	17
Women	0	3	4	7
Total	1	14	9	24

Orienteering Australia has now released the 2010 versions of the Competition Rules and National Orienteering League Guidelines. Changes include:

- the proximity rule allowing controls to be a minimum of 15 metres apart on maps with scale 1:4000 or 5000 (to fall into line with IOF rule changes as of June 2009)
- GPS may be carried but must not have a display which can aid navigation and must not be used for navigational purposes (this is contrary to the wording of the IOF rule, although for an IOF ranking event, the ban on GPS would apply).
- There is no longer a requirement for the Family Relays to be held as part of the Good Friday events at Easter, though a Family Teams competition must still be offered.
- Publication of results in electronic format has superseded the requirement for results to be printed after major carnivals.

The OASA Course Proformas have been renamed Course Specifications. Course planners for Orienteer of the Year, Championship and Badge events are reminded to follow these specifications as closely as possible.

Jenny Casanova Technical Officer

PUBLICITY AND PROMOTIONS REPORT 2009

Publicity in 2009 began with a media release in January highlighting the success of Southern Arrows members during the Christmas Five Days in Victoria.

This was followed by the promotion of a Talent Identification Day at the South Parklands on 8 February using the Messenger Newspaper and a flier emailed to selected metropolitan and city schools.

The Caravan and Camping Show, held at the Adelaide Showgrounds from 25 February to 1 March, provided an opportunity to showcase our sport to the many visitors to this expo but genuine interest was shown by only a small number. It was difficult to find volunteers to man our booth over the five days of this event and, given the limited return for our efforts, it was decided not to mount a display for 2010.

In mid March, media releases were provided to three television stations and the Advertiser on the NOL Championships which were held on 21 & 22 March. The Advertiser published an article with accompanying colour photo of Simon Uppill and I was interviewed by ABC Radio.

In May, in response to an article on women's navigation skills, I wrote a letter to The Advertiser to correct some assertions in the article. The letter, which made reference to Orienteering, was published. About this time, the Hills & Valley Messenger published an article and colour photo relating to Simon Uppill's forthcoming participation in the World Games in Taiwan.

For the Australian MTBO Championships, held in the South East in June, Lee Merchant produced a quirky promotional video which was posted on the Orienteering SA website. Troy Merchant promoted MTBO throughout the year with e-mailed newsletters and photos posted on the Orienteering SA website.

In August, I sought media coverage of the Schools Orienteering Championships at Belair by way of media releases to three television channels. There was no response. Following these Championships, I provided an article and photos for OASA's website. Similarly, I followed up the Schools' Relays and arranged for results and photos to be put on the web.

Also, in August, a free event voucher was provided for every entrant in the Schools Championships and promotional fliers were produced for the City – Bay "goody bags" and for the 2010 Australian Orienteering Championships Carnival. The 2010 fliers were subsequently distributed to competitors at the 2009 Australian Championships in Victoria.

A media release was distributed on Simon Uppill's and Hanny Allston's achievements at the World Games. Nothing eventuated, although the SA Magazine in its August edition featured Simon in a one page "State champion" feature.

In September, The Southern Times Messenger ran an article on a Schools Champs competitor with accompanying photo.

The final promotional activity for the year was the special free event for City – Bay fun run participants held in the North Adelaide Parklands. Thirty-eight people took part on a very hot day. Special thanks to Snap Printing, Hilton, and Paddy Pallin for their support of this activity.

I would like to thank those members who have supported OASA's promotional activities during the year, particularly by supplying material for media releases and helping at promotional events.

John Such Publicity Officer

NEWSLETTER EDITORS REPORT 2009

The South Australian Orienteer is OASA's official newsletter and has been published bi-monthly for more than the past 30 years. This year, contributions to the newsletter fell significantly (averaging 6 fewer pages/edition for the first 5 issues compared with the previous two years) and there was no 6th edition (Feb-March 2010) because of an almost complete lack of anything to publish. The 'loss' of some previously regular contributors and the appearance of OASA's weekly ENEWS probably has a lot to do with this new trend. It is probably largely because of this trend, and the appearance of results on OASA's homepage, that there now seems to be less reliance on SAO for information than previously. I believe that there is still a demand for SAO amongst members. It has been agreed there will be four editions in 2010

The editor thanks all members of OASA who have contributed to SAO in any way over the past 12 months

Mike Round, Editor

COACHING REPORT 2009

COACHING

Juniors and Sub-juniors

The Sub-junior Squad conducted a number of activities in the year including:

- A Talent Identification Day in the South Parklands on Sun 8 Feb 09. The attendance was good and those who attended did so with enthusiasm. The venue; Kurrangga Park; was ideal with well defined boundaries, good visibility and a map with many point and linear features.
- A Talent Identification two one days at Belair National Park on Tue 21 Apr and Wed 22 Apr 09. WE simplified the program from the previous year and this paid off with the two days going according to the program. The attendance of about 20 was a comfortable number to handle and those attending did so with enthusiasm and produced some very good results. Some stayed on and joined the Junior Squad.
- A Junior Training weekend was conducted in the Mt Crawford Forest over the weekend 31 Oct-1 Nov 09 with an aim of providing entry training to the Junior Squad with those attending finishing with moderate courses. Attendance was well below hoped and some of the existing Junior Squad members also attended to make the weekend viable. The weather was very hot but with a flexible plan all of the activities planned were completed.

The Junior Squad made a very important step forward in the year with the appointment of Phil and Anna Hazell as managers of the squad. This enabled long term planning to be conducted by them for the camp in July while coach John Nieuwenhoven was freed to some degree to concentrate on activities before the camp.

The squad conducted regular training as a lead up to the camp and then conducted a very successful camp in the Flinders Ranges based at Rawnsley Park. The squad suffered from low numbers in senior girls and this flowed on to the Schools Team.

Schools Team

The team was selected after the Junior Camp and conducted training under coach John Nieuwenhoven as a lead up to the Nationals with Bec Hatcher being the team manager.

Seniors

OASA conducted training days on the following Sundays with attendance again below what was hoped:

- 15 Feb 09 – Tjukalu (Kuipto Forest).
- 22 Feb 09 – Three Chain Break (Mt Crawford Forest).
- 14 Jun 09 – Waterholes (Mt Crawford Forest).

Wednesday training half days were conducted every four weeks from February to December. Many of those attending produced very good results at state and national levels during the year.

Duty Coach System

The duty coach system continued to operate. Unfortunately it is not being used by enough by experience orienteers who would benefit from a post event debriefing.

New Coaches

During the year we gained one new coach and at the end of the year we had two more in training for their accreditation.

We as an organization are still very short of younger coaches. That may be because of the demography of our sport but I appeal for any one who is interested in a career in coaching to contact the OASA Coaching Coordinator to discuss such a career move.

Thank You

There are too many coaches who have assisted OASA during the year for them to be named here; plus if I did so and left some out they would rightfully be offended. Hence I would like to thank all OASA coaches for their efforts this last year and wish them well in the future.

Adrian Craig Coaching Coordinator

SCHOOLS REPORT 2009

During 2009 almost all activity was limited to the Primary area and requests for help were quite light. Pulteney Grammar School was the sole Secondary School to contact me and there is much potential here, with the school purchasing the copyright of the "Kurrangga Park" map from Tjuringa Orienteers. This is the area opposite the school and accessed via the pedestrian bridge over South Terrace. Gilles Street Primary School also used this same map for 4 classes in mid June and then went on to take about 20 children to the Schools Championships, an ideal model which I would love to be replicated more frequently!

Often however teachers, after reading the information in the Sports Shorts Magazine, contact me for a school yard or local park experience which the children invariably really enjoy but rarely increases weekend family involvement. Some of the schools in this group during the past year were St. Andrews at Walkerville, Bellevue Heights, Heritage College, Madison Park and Oakbank Area School (Primary Section). Children from Northfield Primary School entered the Schools Championships after enjoying their orienteering experience at the Arbury Park School Camp, really solely due to the interest of one teacher who followed up to provide this opportunity. This is an area I intend to develop in 2010.

Education to teachers included a session at the annual ACHPER Conference at Westminster School in April and with Adrian Uppill providing 6 two hour sessions to trainee teachers at Flinders University in October. The other activity for ACHPER which I have been involved with each year is the Physical Education Week Expo in November. Unfortunately both days were cancelled last year due to extremely hot weather!

The Mid Week Schools warm up programme is still offered but is used by fewer schools than a few years ago and within a narrower time span. Schools have many demands on their time and the cost of busing children is an additional problem. Nevertheless the teachers who access these vital practice events for their students have much better results by their students at the two Championship events held each year. You cannot expect to do well in the test if you have not covered the curriculum, nor is it fair on the students!

It was the turn of Onkaparinga Hills Club to organize the Schools Championships in early August and in the usual way were supported by many of the orienteering community from all the other clubs. Belair Park was again the venue, and with perfect weather and courses which saw very few students unable to complete their course in reasonable time we trust it was a rewarding experience for most! Thanks again go to Jeffa Lyon for organizing the Schools Relay event. Numbers were down a little on previous years, so we hope that changes made for 2010 will see a greater participation.

Finally, thanks to those who have assisted during the last twelve months. Jeffa has already been mentioned, John Lyon, Adrian Craig, John Such and Barry Wheeler your support is greatly appreciated.

David Tilbrook, Schools Coordinator

SOUTHERN ARROWS REPORT

2009 was a challenging year for the Southern Arrows, with a number of their key athletes now permanently based interstate. Throughout the year, Jenny Casanova was assisted in management and coaching by Susanne Casanova, Simon Uppill and John Nieuwenhoven. From 2010 Tyson Hillyard returns to the management role while Jenny coordinates coaching.

The highlight of any Arrows' achievements in 2009 was Simon Uppill's selection in the Australian team to attend the World Games in Taipei in July, where the Australians came 4th in the mixed relay.

While our senior men's team is particularly strong and came equal second overall in the Silva National Orienteering League, and also second in the interstate relays, we lack strength in the junior divisions. We hope to better our 2009 women's team result of equal 4th with the elevation of Lauren Gillis to the senior ranks in 2010. It was pleasing to see enthusiasm from the juniors when SA hosted the opening round of NOL races in March but the momentum didn't carry through the rest of the season.

Individual standings at the end of the 2009 Silva NOL season included: Simon Uppill 2nd in the senior men's competition; in the senior women's competition, Susanne Casanova was equal 6th and Vanessa Round 8th. Rory McComb and Lauren Gillis were each 9th in the men's and women's junior divisions respectively.

Southern Arrows competitors who ran at least one race at each of the NOL series throughout 2009 (hopefully I haven't missed anyone) were:

SILVA NOL series, March 21st/22nd: Susanne & Jenny Casanova, Lachlan Hallett, Simon Uppill, Reuben Smith, Vanessa Round, Fern Tomas, Lauren Gillis, Rory McComb, Kerrin Rattray, John Nieuwenhoven, Andrew Mogridge, Luke Hazell, Shannon & Jason Nicolson, Brett, Stephanie & Helen Mason-Fyfe.

Australian 3-Days and subsequent SILVA NOL races, Tasmania, April 10th-18th: Susanne Casanova, Simon Uppill, Lachlan Hallett, John Nieuwenhoven, Reuben Smith, Vanessa Round, Jenny Casanova, Lauren Gillis, Ben Rattray, Kerrin Rattray, Riordan Dose, Rory McComb, Andrew Mogridge.

WOC trials, Canberra, May 16th/17th: Susanne Casanova, Simon Uppill, Reuben Smith, Vanessa Round, Jenny Casanova, Ben Rattray, John Nieuwenhoven, Kerrin Rattray, Tyson Hillyard.

Australian Championships Carnival, Victoria, Sept 26th-Oct 4th: Susanne Casanova, Vanessa Round, Jenny Casanova, Lauren Gillis, Simon Uppill, Ben Rattray, John Nieuwenhoven, Rory McComb, Helen Mason-Fyfe, Steph Mason-Fyfe, Riordan Dose, Luke Hazell, Tom Dose.

Congratulations to Simon, Vanessa and Susanne, for being named in the 2010 National Senior Elite Squad. Unfortunately no South Australian Juniors are named in the National Junior or Development Squads. Lauren was the recipient of a SASI Talented Athlete Award.

The Arrows have been self-sufficient with coaching in 2009; we held 2 training camps in March and in August and organised a number of other exercises which were enjoyed by all who attended. Arrows members have been attending fun runs and trail runs to promote orienteering wherever possible and along the way some good results have been achieved. Our Southern Arrows Racing tops stand out in a crowd, particularly en masse at the City-Bay.

Approximately 50 teams competed in the club relays at Woodhouse on Aug 23rd in fine (albeit soggy) conditions, to race or jog around Lauren and Stephanie's scintillating courses which were overseen by John Nieuwenhoven. Jenny coordinated the running of the relays. Special thanks to Tom Diment & Andrew Mogridge for manning the computers and to Greg Morcom for making sure people didn't forget to download, also to Susanne, Vanessa & Reuben for making the trip from interstate to help. Thanks to Wallaringa for use of the map, Woodhouse Scout Camp for use of the facilities - free of charge - and to Wallaringa and TT for loaning their equipment again! Snap Printing paid printing costs, and OASA levies were waived, for all of which we are grateful. The winning relay club was Tintookies.

Goals for the Arrows in 2010 are to field a full senior men's and women's team at all SILVA National Orienteering League races and to field a full junior men's and women's team at the Australian Championships Carnival in SA in October.

Finally, the Arrows are very grateful to OASA for the travel subsidy of approximately \$2000 for 2009 and to Orienteering Australia for a lesser amount. The Arrows are also fortunate to have support in kind from [Snap Printing](#) and [Paddy Pallin](#).



Jenny Casanova
Manager, Southern Arrows



MOUNTAIN BIKE ORIENTEERING REPORT

The major SA MTBO event in 2009 was, of course, the running of the Australian Championships in the Mount Gambier region. I have no hesitation in declaring the champs a success and a credit to all those involved in staging them. Many positive comments were received, about 130 riders competed, including a strong contingent from New Zealand, three new venues were used and the South East was opened up as an area for MTBOing.

I am reluctant to thank people individually for their efforts at the Championships in this report as there is the danger that somebody will be overlooked in the writing but I should make special mention of those people who do not compete in MTBOs but gave their time and energy to the event. I would like, though, to note the contribution made by Andrew Slattery. He is an MTBOer, admittedly, but he put in a huge effort as mapper, main organiser and frequent visitor to the region. Without Andrew's work I doubt the event would have happened. Can I also say that I was impressed by the energy, commitment, expertise and effort of all who helped? As somebody who works in the Public Service I have become accustomed to anything but these qualities being displayed and it was no small joy to experience the reverse.

There was, not surprisingly, a good entry of South Australian riders at the Nationals and some good results were achieved. The National rankings are attached and attest to the performances of us Crow Eaters.

As well as the National Champs six local/state MTBOs were run. On average we had an increase in the number of competitors over the last two years and that was pleasing. However, entries did fluctuate a great deal between events and while I would describe MTBO in SA as "viable" I would not say it was "robust". The two twilight MTBOs we ran at the start of the year attracted new people to the sport but attendances were down and it was felt that our efforts would better be spent on our standard day/weekend events. Accordingly, we have not scheduled any twilight MTBOs in 2010. Details of local/state events are provided in the table below.

Date	Club	Name of event	Venue	Number of entrants
13/3/09	TT	Twilight MTBO	Eagle Mountain Bike Park	22
27/3/09	OH	Twilight MTBO	O'Halloran Hill	26
10/5/09	TT	Long Distance Teams Challenge	Mt Pleasant	55
27/6/09	SARA	Cyclogaine	Kuitpo Forest	44
19/7/09	TJ	Tri O	Kuitpo Forest	103 (foot and MTB)
16/8/09	YA	MTBO	Knott Hill	26
25/10/09	OH	SA Champs	Fox Creek	49

If there was a downside to running the Nationals it was the fact that it did seem to use up people's quota of volunteering resources. We only have a small number of people running MTBOs and we really need a few more people involved in organising – if nothing else to bring some new ideas. Just how this could be achieved I don't know... To that small band of volunteers and to all involved in MTBO I thank you for your participation and hope to see you in 2010.

Bruce Greenhalgh SA MTBO Coordinator

2009 MTB-O National Rankings				Best 2
				Results
M-14A				
1	Angus	Robinson	BKV	100.00
1	Jack	Allison	..S	100.00
3	Timothy	Jackson	MFV	110.89
4	Aiden	Sullivan	YAS	137.19
5	William	Stockdale	TTS	250.00
M-16A				
1	Marc	Gluskie	ALT	100.00
M-20A				
1	Heath	Jamieson	CHV	100.00
2	Chris	Firman	ENQ	102.79
3	Ben	Davis	..S	174.17
M21-Elite				
1	Adrian	Jackson	MFV	100.00
1	Alex	Randall	YVV	100.00
3	David	Simpfendorfer	RRA	106.20
4	Jamie	Dougall	TFQ	112.21
5	Paul	Darvodelsky	BFN	114.23
6	Anthony	Darr	BFN	119.00
7	Jamie	Goddard	MFV	131.65
8	Joel	Young	PLQ	139.01
9	David	West	MDN	140.84
10	Dion	Keech	MFV	144.14
11	Martin	Boland	BKV	158.79
M40-A				
1	Robert	Davis	BKV	100.00
2	Rudi	Afnan	YAS	102.81
3	Steve	Sullivan	YAS	108.41
4	David	West	MDN	112.89
5	Peter	McInulty	BKV	116.37
6	Bruce	Paterson	BKV	119.54
7	Andrew	Moore	..S	125.76
8	Cormac	McCarthy	YVV	128.07
9	Geoff	Robinson	BKV	132.46
M50-A				
1	Robert	Prentice	SHN	100.00
2	Darryl	Smith	WRT	100.69
3	Phill	Giddings	NEV	103.46
4	Tim	Hatley	BKV	103.60
5	Lee	Merchant	TJS	106.55
6	Alan	Davis	YVV	107.80
7	Norm	McCann	AWV	108.76
8	James	Lithgow	GON	110.26
9	Peter	Cusworth	BKV	111.33
10	Heinz	Leuenberger	OHS	114.10
11	Ted	VanGeldermalsen	YVV	114.59
12	David	Firman	ENQ	119.23
13	Peter	Young	PLQ	119.56

14	John	Scown	AOA	125.54
15	Gerry	Velatis	YAS	126.05
16	Steve	Williams	TJS	136.42
17	John	Allison	..S	177.98
M60-A				
1	Rick	Armstrong	AWV	100.00
2	Peter	Hill	BGV	101.43
3	Leigh	Privett	AWV	102.79
4	Ray	Sheldon	YVV	103.30
5	Keith	Wade	TKV	109.85
6	Tim	Hackney	NCN	113.43
7	Peter	Mayer	YAS	113.51
8	Blake	Gordon	EUV	113.94
9	Robert	Smith	TTS	117.24
10	David	Tilbrook	OHS	128.12
11	Ken	Dowling	EUV	132.69
12	Barry	Hart	YVV	149.23
13	John	Williams	TJS	151.30
M70+A				
1	John	Sheahan	BKV	100.00
1	Eino	Meuronen	BSA	100.00
3	Graham	Cadman	YVV	117.91
W21-Elite				
1	Mary	Fien	BFN	100.16
2	Melanie	Simpson	NCN	101.49
3	Carolyn	Jackson	MFV	101.56
4	Thorlene	Egerton	UGQ	102.00
5	Diana	Mittag	BKV	120.22
W40-A				
1	Kay	Haarsma	TTS	103.78
2	Michelle	Chamalaun	OHS	126.95
3	Janelle	White	..S	131.93
W50-A				
1	Anthea	Williams	TJS	105.67
2	Ann	Scown	AOA	106.78
3	Peta	Whitford	YVV	106.94
4	Andrea	Harris	PLQ	119.16
5	Carolyn	Strong	TTS	139.59
6	Carolyn	Cusworth	BKV	143.25
7	Margi	Freemantle	YVV	170.79
8	Margrit	Leuenberger	OHS	181.41
W60-A				
1	Kathy	Liley	YVV	100.00
2	Helen	Smith	TTS	105.16
3	Dale Ann	Gordon	EUV	123.92
4	Jenny	Sheahan	BKV	127.84
5	Jackie	Sheldon	YVV	140.81
W70+A				
1	Joyce	Rowlands	NEV	100.00

SOUTH AUSTRALIAN AWARDS

John Hall Memorial service Award

The 2009 John Hall Memorial Service Award for services to orienteering in South Australia was awarded to Jan and Rob Hillyard.

Orienteer of the Year

Awarded on the basis of a person's 6 best performances in designated OY events throughout the year, for orienteers aged over 14 years. Our thanks to Michelle Chamalaun for calculating the results.

M16A	Luke Hazell	W16A	No entries
M20A	Tom Dose	W20A	Lauren Gillis
M21A	Simon Uppill	W21A	Jenny Casanova
M21AS	Ruhi Afnan	W21AS	Nicole Such
M21B	Brodie Dobson-Keefe	W21B	Carol Such
M35A	Peter Bos	W35A	Zara Soden
M45A	Andrew McComb	W45A	Robin Uppill
M45AS	Trevor Diment	W45AS	Regina Rueter
M55A	Paul Hoopmann	W55A	Alison Radford
M65A	John Lyon	W65A	Smith Helen
M75A	Ron Larsson	W75A	Lyon Jeffa

Sue Millard Perpetual Trophy

This award is presented to the juniors judged by selectors to have shown the greatest improvement:

Junior Female: Mel Fuller

Junior Male: Lazarus de Oliveira

Junior Participation Badges

The following juniors aged up to 14 years were awarded Participation Badges :

Foot Orienteering

Dante Afnan, Danielle Bos, Michael Bos , Alexander De Oliveira, Lazarus De Oliveira , Connor Dickie, James Fuller , Melanie Fuller, Alice Giffard , Katie Hill , Christopher Mason-Fyfe , Crispin Painter, Jack Paynter, Olivia Sprod, Jilly Storrs, Aiden Sullivan, Justin Valladares, Matthew Wheelhouse, Robbie Whittaker, Sally Young

MTBO

Jack Allison

Highly commended...

Cameron and Mitchell Winters, Ben and Bill Davis (MTBO), Georgia Dickie, Cameron and Zali Forbes

SASI Scholarships

These scholarships were funded by the South Australian Sports Institute (SASI)

Talented Athlete Award: 2008/2009 none awarded

2009/2010 Lauren Gilles

High Performance: 2008/2009 none awarded

2009/2010 none awarded

State Selectors

Chair: John Nieuwenhoven Selectors: David Tilbrook, Peter Mayer, John Lyon

SA INTERNATIONAL REPRESENTATION

Australian Team at Oceania Championships in New Zealand

Congratulations on selection to Simon Uppill. He performed very well and came within one second (missing the sprint) of winning all three individual titles

Australian Team for Junior World Orienteering Championships in Italy.

No South Australians were selected for the squad.

Australian Team for World Orienteering Championships in Hungary.

No South Australians were selected for the squad.

Australian Team for World Games in Chinese Taipei.

Congratulations on selection to Simon Uppill. The Australian Relay Team which included Simon was successful in coming 4th.

SA ORIENTEERS RESULTS

South Australian Long Distance Championships: Paradise

W10		M10	Dante Afnan
W12A		M12A	
W12B		M12B	Alexander de Oliveira
W14A	Olivia Sprod	M14A	Lazarus de Oliveira
W14B		M14B	
W16A		M16A	Bryn McComb
W16B		M16B	
W17-20A		M17-20A	Riordan Dose
W21A	Jenny Casanova	M21A	Simon Uppill
W21AS	Clair Davill	M21AS	Ruhi Afnan
WOpenB	Robyn Dose	MOpenB	Al Sankauskas
W35A	Zara Soden	M35A	Stephen Dose
W45A	Robin Uppill	M45A	Steve Cooper
W45AS	Regina Rueter	M45AS	Robert Kriesl
W55A	Alison Radford	M55A	Adrian Uppill
W55+AS	Jan Hillyard	M55+AS	Garry Harris
W65A	Helen Smith	M65A	John Lyon
W75A		M75A	Ron Larsson

South Australian Middle Distance Championships: Pewsey Vale

W10		M10	Dante Afnan
W12A		M12A	
W12B		M12B	
W14A	Olivia Sprod	M14A	Robbie Whittaker
W14B		M14B	
W16A		M16A	Luke Hazell
W16B		M16B	
W17-20A		M17-20A	Tom Dose
W21A	Jenny Casanova	M21A	Simon Uppill
WOpenB	Fiona Morcom	MOpenB	Brodie Dobson-Keefe

W35A	Robin Uppill	M35A	Stephen Dose
W45A	Evelyn Colwell	M45A	Andrew McComb
W55A	Alison Radford	M55A	Paul Hoopmann
W65A	Helen Smith	M65A	John Lyon
W75A		M75A	Ron Larsson

South Australian Sprint Championships: Nuriootpa

W10		M10	
W12A		M12A	
W14A		M14A	
W16A		M16A	Luke Hazell
W17-20A		M17-20A	Andrew Mogridge
W21A	Susanne Casanova	M21A	Simon Uppill
W35A	Robin Uppill	M35A	Peter Bos
W45A	Regina Rueter	M45A	Andrew McComb
W55A	Jennie Bourne	M55A	Adrian Uppill
W65A		M65A	John Williams

South Australian MTBO Championships: Fox Creek

W17-20A		M17-20A	Riordan Dose
W21A	Kay Haarsma	M21A	Ian Fehler
W21B		M21B	Rob Hillyard
W40A	Michelle Chamalaun	M40A	Ruhi Afnan
W50A	Anthea Williams	M50A	Gerry Velaitis
W60A	Helen Smith	M6A	Peter Mayer

National Events

National O League: Southern Arrows

Seniors

Women =4th

Men =2nd

Individual Men's Series: Simon Uppill 2nd

Individual Women's Series Susanne Casanova 6th

Juniors

Women 6th

Men 6th

Individual Men's Series: Rory McComb 9th

Individual Women's Series Lauren Gilles 9th

Australian 3-Days

M21E	2 nd	Simon Uppill
M21AS	1 st	Troy Merchant
M21AS	3 rd	Tyson Hillyard
W45AS	2 nd	Teri McComb
M70A	3 rd	John Lyon
M75A	3 rd	Ron Larsson
W75	1 st	Jeffa Lyon
WOpenB	2 nd	Rachel Upton

Australian Schools Championships : Victoria

There were no South Australian place getters in the individual or Relay Championships.

Australian Long Distance Championships: Victoria

M21E	2 nd	Simon Uppill
W21E	2 nd	Vanessa Round
W20A	2 nd	Helen Mason-Fyfe
M45AS	3 rd	Robert Kriesl

Australian Middle Distance Championships : Victoria

M21E	1 st	Simon Uppill
W21E	2 nd	Susanne Casanova
M60A	3 rd	Paul Hoopmann
M70A	3 rd	John Lyon
W JuniorA	1 st	Helen Mason-Fyfe
W JuniorA	2 nd	Stephanie Mason-Fyfe
M Open B	1 st	John Such

Australian Sprint Distance Championships: Victoria

M21E	3 rd	Simon Uppill
M45A	3 rd	Stephen Dose

Australian Relay Championships : Victoria

M21E	2 nd	Ben Rattray, Kerrin Rattray, Simon Uppill
------	-----------------	---

Australian MTBO Long Distance Championships : South East

M14A	3 rd	Jack Allison
M16A	2 nd	Adam Davis
M20A	3 rd	Ben Davis
W40A	2 nd	Kay Haarsma
W60A	2 nd	Helen Smith

Australian MTBO Middle Distance Championships: South East

M14A	3 rd	Jack Allison
M16A	2 nd	Andrew Lockwood
M16A	3 rd	Nicholas Hart
M20A	3 rd	Ben Davis
M40A	2 nd	Steve Sullivan
M40A	3 rd	Ruhi Afnan
M50A	2 nd	Lee Merchant
W60A	2 nd	Helen Smith

Australian MTBO Sprint Distance Championships: South East

M14A	3 rd	Aiden Sullivan
M16A	2 nd	Adam Davis
W40A	3 rd	Catherine Carlyle
W60A	3 rd	Helen Smith

EVENTS AND PARTICIPATION

2009 EVENT PROGRAMME

Date	Event name	Location	Nos	Date	Event name	Location	Nos
MTBO Australian Championships: SouthEast SA				Metropolitan Clubs' Programmes (cont'd)			
6-Jun	Australian MTBO Champs: Sprint		113	<i>Midweek Wednesday</i>			
7-Jun	Australian MTBO Champs: Long Dista		110	11-Feb		West Tee Parklands	10
8-Jun	Australian MTBO Champs: Middle		117	11-Mar		Ridge Road North	7
Other National Calendar events				8-Apr		Jupiter Creek	9
21-Mar	NOL 1 Sprint	Keithcott Farm	85	6-May		Dead Horse Gully	7
21-Mar	NOL 2 Middle Dist Para Wirra		90	3-Jun		Simmonds Hill	11
22-Mar	Badge / NOL 3 Lot Narrinyeri Hills		179	1-Jul		Tjukalu	8
21-Jun	Badge	World's End South	92	29-Jul		Bundy Forest	12
5-Jul	Badge, NT	Coomalie East	40	26-Aug		Mt Pleasant	11
13-Sep	SA Long Distance (Paradise)		98	9-Sep		Kuitpo Forest	9
25-Oct	SA MTBO Champi Fox Creek		47	23-Sep		Ridge Road S	12
Metropolitan Clubs' Programmes				21-Oct		West Mt Pleasant	10
<i>be Active Summer Series</i>				25-Nov		Waterholes	9
9-Jan		Paradise on Torrens	65	16-Dec		NW North Adelaide	9
16-Jan	<i>heatwave</i>	Marino	54	Remote Clubs' Programmes: Eyre Peninsula			
30-Jan	CANCELLED	Morialta Park		20-Feb	LI	Lincoln CBD	31
6-Feb	<i>heatwave</i>	Little Christies Cree	13	6-Mar		Marina	28
13-Feb		Felixtow South	74	22-Mar		Louth Bay	29
20-Feb		Blackwood Park	67	29-Mar		Puckridge Park	21
27-Feb		Henley	56	5-Apr		Kirton Point	22
27-Nov	<i>heatwave</i>	North Adelaide	45	3-May		Broccoli Hill	20
4-Dec		Blackwood Park	61	17-May		Tumby Bay	24
11-Dec		Windsor Gardens	66	31-May		Pinjetta	19
Main Sunday am Programme OH				14-Jun		Coffin Bay	23
21-Mar	part of NOL sprint	Keithcott Farm	29	28-Jun		Fisherman's Carcase	26
27-Mar	MTBO	O'Halloran Hill	24	16-Aug		Wanna	26
29-Mar	AGM	Belair	108	6-Sep		Mourilya	22
11-Jul	Saturday pm	Karinya	51	5-Apr	SB	Tank Hill	18
19-Sep	Saturday pm	Flinders University	41	26-Apr		Mt Laura	32
		TJ		17-May		Mt Whyalla	29
26-Apr		Shepherds Hill	75	14-Jun		Ash Range	18
31-May		Gumeracha Goldfie	112	5-Jul		Paynes Weir	23
19-Jul	TriO	Kuitpo Forest	31	25-Jul	E P Relay Champ	Hidden Valley	13
17-Oct	SA Night Champs	Kuitpo Forest	24	26-Jul	E P Champs	Mattum Creek	40
18-Oct	Score event	Kuitpo Forest	54	23-Aug		Red Rock	29
		TT		6-Sep		Cooyerdoo	28
13-Mar	MTBO	Eagle Park	22	27-Sep		Moonabie North	28
15-Mar		Athelstone	64	16-Oct	Street/Park	Whyalla East	17
5-Apr	OY	Ngaralta	98	Northern Territory			
10-May	MTBO	Mt Crawford Forest	23	26-Jan	TE	Australia Day	52
17-May		Mt Pleasant	86	8-Feb		Cullen Bay	56
13-Jun	Saturday pm	Wadmore Park	21	15-Mar		East Point Reserve	61
28-Jun		Simmonds Hill	59	29-Mar		Marlow Lagoon	46
25-Jul	Saturday pm	North Adelaide	52	26-Apr		Howard Springs	51
9-Aug		Kersbrook Glades	101	3-May		Orienteering	28
20-Aug	SA Middle Distan	Pewsey Vale	102	31-May		Mindil Beach	49
		WA		14-Jun		Lok Cabay	39
20-Jun	OY	Tothill	80	3-Jul	Sprint	Charles Darwin Uni.	23
8-Jul	Saturday pm	Wadmore Park	35	4-Jul	Middle Distance	Manton Dam	27
15-Aug		Beaumont	57	9-Aug		Litchfield	26
6-Sep		Waterholes	78	23-Aug		Holmes Jungle	43
		<i>S/Arrows</i>		20-Sep		Charles Darwin NP	41
23-Aug	SA Club Relays	Woodhouse	150	11-Oct		MTBO	20
		YA		25-Oct		Botanic Gardens	39
3-May		Felixtow	59	8-Nov		Nightcliff	47
23-May	Twilight	Twigham	21				
24-May	OY	Twigham	73				
16-Aug	MTBO	Knott Hill	26				
29-Aug	SA Sprint Champs	Nuriootpa	46				