

Orienteering After School Orienteering Events 2022

Orienteering SA is presenting after school orienteering events in a number of areas (zones) mostly starting in Term 2. These are

- Central Adelaide (beginning Term 1)
- Mitcham Hills
- NE Suburbs
- Woodside/Lobethal
- Echunga
- Mt Barker
- Southern Suburbs
- Lower – Mid North – from Term 3

This an exciting program that combines fitness with map-reading and problem-solving skills.

What you need to know:

- No special equipment is needed – everything is provided.
- Wear clothing suitable for outdoors walking or running.
- Parents will be required to transport and supervise their

Students can follow the course on their own or in a group.

What will students learn?

Student orienteers are provided with an orienteering map of the coaching event area (see example map below) marked with numbered points (controls). The maps and the courses are set up in advance of the training sessions by our coaches. All will be in areas as near to your school as possible.

The skills that we teach are:

- Observation – look at the orienteering map then look around you to find where you are on the map.
- Focus – follow a set course making sure you don't miss any controls.
- Problem solving – find the fastest route... but don't forget the fastest runner doesn't always win!

Orienteering is really relevant for schools, because students of varying ages and different physical, cognitive and social capacities can all participate at the same time, on the same course and all experience a sense of achievement.

Registration is required for all events using this form (you only need to register once for a zone) - <https://www.emailmeform.com/builder/form/vcCsdn1me1WQ0w9p7>

ADELAIDE BOTANIC GARDENS (P11)



scale 1:4000
contour 2.5 m



Adelaide
Park Lands
Orienteering



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Mapping: A Uppill to ISSPROM2019

Botanic Gardens 4/2	
Easy	1.1 km
Start:	
1	161 Path junction
2	169 N end of building pass-through
3	170 E end of path
4	174 NE outside corner of flower bed
5	168 SW edge of open land
6	175 N side of lone tree
7	173 NE inside corner of fence
8	171 Building pass-through
9	183 Special item
10	184 Special item
11	185 Special item
Navigate 80 m to finish	

